

GYM NEWS

Issue 1

June 2003

It's great
to be
with you!

WELCOME to the first issue of what we hope will be an exciting and vibrant newsletter packed with information for all who use the gym. So much goes on here that it can be difficult to keep track of it all. Gym News will aim to help us all stay in touch.

EXTRA fans have been bought to keep the gym cooler in the summer.

COACHING administrator Dave Schadek is looking into replacing the present sound equipment with a heavy duty system.

GYM dad Kevin Hill has been thanked by fellow management committee members for making new storage units for the storeroom and the unit in the gym used by the pre-school.

AN assistant club coach course run by Steve Spinlove raised us £480 in hire fees.

The gym heating system has been given its annual service and Continental Sports will soon be checking the condition of all the gymnastic equipment.

Our biggest and best ever

WOW! Gym mum Jacqui Volf set a School of Gym fundraising record when she held an early Summer Ball and raised just a few pennies short of £7,000!

Nothing we have held in the 11-year history of this building comes near making as much as this marvellous total.

Management committee members congratulated Jacqui at their June meeting on such a successful event that has left those who attended clamouring for more.

The money raised is being shared between financing the initial plans for the gym extension and repair and updating of existing equipment.

NEW USE FOR ROOM

YOU may have noticed the store-room at one end of the building is slowly being transformed into a meeting room for judges at competitions.

Until now we used the boys' changing room during girl events but that is cramped and rather unpleasant to have lunch in. Hopefully a window will be added to improve the new room.

DIDN'T THEY DO WELL

MADLINE Ward shone in the first National In Age Finals of Compulsory Grade Three at Birmingham and now has a national ranking of 17th for the first half of this year.

Six girls competed in Eastern region club grades finals. Grade 6: Miranda Hastings 6th, Georgina Gard 12th. Grade 5: Harriet Chiam 4th, Shannon Russell 6th, Laura Bibby 7th and Alice Brunning 9th. More results on next page.

**Newsletter of Colchester School of Gymnastics —
a registered charity managed by unpaid volunteers**

TRYING TO HELP ANOTHER 400 GYMNASTS

GYM parents and coaches are actively fundraising towards the new extension for the School which has a waiting list of more than 400 youngsters.

We are currently gathering funds to pay for the architect's plans needed for the main planning application and the initial grant submissions.

The Summer Ball, mentioned on the front page, has been the biggest financial success. Other events included a great Disco and a Plant Sale where everything sold in record time.

Look out for more fun happenings on the horizon including a family Quiz Night next term.

Diary Dates

July 5: British Championships with our Grace Knightbridge competing as a junior.

July 14: The School of Gymnastics Management Committee Meeting.

Presentation ceremonies on the final term sessions for the BAGA classes with parents invited to attend.

Wednesday, **July 16**

Friday, **July 18**

Saturday, **July 19**

Monday, **July 21.**

KEEP FIT: All are welcome every term time Monday at the 45-minute ladies dance sessions run by our choreographer Irina. From 10.45am, they are just £3.50.

Catching up on the 2003 competition results

County Qualifier, Club Grade 6:

Miranda Hastings, 2nd, Georgina Gard, 3rd, Freya Wood and Finnley Claridge-Lawrence. All passed.

Regional Club Grades 2 and 3: Laura Morgan passed 3 with Emma Paveley and Gemma Kirby passing 2.

Regional Qualifier, Compulsory Level 3 In-Age: Madeline Ward passed and goes on to national final. See her Birmingham result on page 1!

County Qualifier, Club Grades 4/5:

In Grade 5 Laura Bibby was first overall and won the Frank Stevens beam trophy. She qualified for the regional finals along with Harriet Chiam, Shannon Russell and Alice Brunning. Kelly Hawker and Emmie Cook also passed their grades. In Grade 4: Amy Smith claimed second in her age group with Petra Cording passing 13Plus.

County Level 7: Harriet Morgan 2nd, Francesca Dyer 10th

County Floor and Vault: Aged 9/10 Emma Coltart 1st, Amy Fraggatt 2nd, Hannah Dersiley 3rd and Gemma Storey, 5th. Aged 11/12 Jay Backy Smith 1st, Laura Wilson 2nd, Jessica Muckle 3rd and Natahsa Bethell 4th. 13Plus Alice Gale 1st and Sarah Gale 2nd.

Friendly Floor and Vault at Bury:

Boys Aged 6/7 Archie Menzies 1st, Sean Sheehy 4th, Christopher Kwok 6th. Girls Aged 6/7 Charlotte Volf 2nd.

Boys Aged 7/8 Tony Sayer 5th, Christopher Blogg 7th, Robert Scott 8th, Harry Leatherdale 9th.

Girls Aged 8/9 Gemma Storey 7th. Girls Aged 9/10 Emma Coltart 2nd, Hannah Dersiley 6th.

Under 10 Boys: Adam Morris 1st, Jordan Ray-Bennis 2nd, Michael Volf 3rd. Over 10 Boys Mark Pennell 1st, Matthew McDonald 2nd, Joseph Volf 3rd. Girls Aged 10/11 Jay Becky-Smith 2nd. Girls Aged 11/12 Laura Wilson 2nd, Natasha Bethell 3rd, Felicity Ripley 4th, Olivia Morris 6th.

* Results up to, and including, June 1.

Staff responsible for running the School and its classes:

Dave Schadek Coaching Administrator
Ruth Chiam Clerical Assistant

Christine Gale BAGA Classes

Please contact them on day to day matters like class membership, training timings, all fee payments, sports kit, competition queries etc

Your team managing the building and its staff are:

Ray Hardisty Chairman 01206 545062
Bev Coltart Secretary 01206 729534
Keeley Hazelhurst Treasurer 01206 252341
Jacqui Volf Fundraiser 01206 230240
Phil Morris Girls' Representative 01206 823567

Lynn Gard 01206 273491
Kevin Hill 01206 305258
Marion Johnson 01206 241114
Dave Wood 01206 561619
Steve Ashbee 01206 524137

All were elected, or co-opted, after the AGM in November 2002 and serve for a year. Please feel free to contact them on gym issues you feel should be discussed.